

1989 Region 1AA Girls Thursday, June 1st and Saturday, June 3rd at Carleton College, Northfield

Teams: Apple Valley (AV) 92, Red Wing (RW) 69, Rochester Mayo (Mayo) 65, Winona (W) 50, Albert Lea (AL) 40, Rosemount (R) 32, Lakeville (L) 30, Burnsville (B) 30, Rochester John Marshall (JM) 26, Owatonna (O) 19, Faribault (F) 18, Austin(A) 17, New Prague (NP) 4, Northfield (N) 2.

100

1. Becky Schwartz (RW) :11.9
2. Christy Rowe (AV) :12.3
3. Cheryl Ocel (AV) :12.4 *
4. Tara Robinson (Mayo) :12.5
5. Natalie Allen (L) :12.7
6. Kristen Charbneau (RW) :12.9

200

1. Becky Schwartz (RW) :25.1
2. Cha Senior (R) :26.1
3. Julie Kasten (R) :26.4
4. Holly Smith (B) :26.5
5. Tonja Worrell (O) :26.8
6. Heidi Ostrem (Mayo) :26.9

400

1. Meri Schwartz (RW) :58.0
2. Meredith Owen (Mayo) :60.3
3. Tisha Tetrault (AV) :60.7
4. Stephanie Schmidt (L) :61.1
5. Jackit Burke (A) :61.2
6. Bernie Benes (NP) :62.0

800

1. Vickie Rickard (RW) 2:17.1
2. Traci McNally (W) 2:18.6
3. Janene Hearn (B) 2:19.3 *
4. Angie Abbott (W) 2:22.7
5. Gwen Sibbers (JM) 2:23.5
6. Dana Peterson (AV) 2:24.9

1600

1. Angie Abbott (W) 5:06.5
2. Steph Hartman (AL) 5:09.3
3. Sara Hartman (AL) 5:09.4 *
4. Amy Dennis (W) 5:14.9
5. Julie McGough (RW) 5:24.3
6. Krista Naughton (AP) 5:32.7

3200

1. Sara Hartman, Albert Lea 11:07.1
2. Steph Hartman, Albert Lea 11:10.2
3. Steph Aspen, Winona 11:47.7
4. Sara Murray, JM 11:54.0
5. Amy Dennis, Winona 11:57.6
6. Mya Honetwell, Winona 12:02.6

100 hurdles

1. Holly Smith (B) :15.1
2. Heather Handahl (F) :15.3
3. Sheila Olhausen (L) :15.5
4. Carol Ann Shudlick (AV) :16.1
5. Tia Culhane (F) :16.3
6. Daphne Harnack (Mayo) :16.8

300 hurdles

1. Sheila Olhausen (L) :46.9
2. Tammy Vandal (Mayo) :47.1
3. Jane Talbot (AV) :47.3
4. Tari Larson (AV) :49.4
5. Andrea Bruns (AV) :49.8
6. Jenny Bentley (W) :49.8.

Discus

1. Anngel Delaney (Mayo) 126-5
2. Kim Carroll (A) 114-4
3. Tina Tomaszewski (W) 113-10
4. Laurie Trow (JM) 109-11
5. Amy Jensen (AL) 107-11
6. Terry Petter (R) 103-7

High Jump

1. Carol Ann Shudlick (AV) 5-5
2. Meredith Owen (Mayo) 5-3
3. Maggie Burke (A) 5-2
4. Tia Culhane (F) 5-2
5. Heather Handahl (F) 5-2
6. Deb Heyne (Mayo) and Jennifer Finne (O) 5-0

Long Jump

1. Tonja Worrell, Owatonna 17-9
2. Cheryl Ocel, AV 17-6.75
3. Mel Schell, AV 17-1.5 *
4. Kristin Charboneau, RW 16-10.5
5. Jenny Posch, Nfld 16-7
6. Tiffany Shaffer, Rosem 16-6.75

Shot Put

1. Nancy Goodman, Mayo 36-10
2. Tina Tomaszewski, Winona 35-2
3. Amy Jensen (AL) 34-6
4. Heidi Olhausen (L) 34-3
5. Tara Sward (RW) 33-10.75
6. Tracey Nepper (Mayo) 33-10

4x100

1. Apple V (Cheryl Ocel, Jill Pruninger, Christy Rowe, Jane Talbot) :49.8
2. Rosemount, :50.5
3. Mayo, :50.9
4. Owatonna, :51.2
5. Austin and New Prague, :51.8

4x800

1. Red W (Julie McGough, Tascha Luhman, Vickie Rickard, Meri Schwartz) 9:33.9
2. JM, 9:45.2
3. Burnsville, 9:47.6
4. Apple Valley, 9:59.5
5. Owatonna, 10:02.1
6. Faribault, 10:08.2.

4x200

1. Apple V (Christy Rowe, Tisha Tetrault, Jane Talbot, Cheryl Ocel) 1:44.4;
2. Rosemount 1:44.8 *
3. Mayo, 1:47.4
4. Lakeville, 1:47.9
5. New Prague, 1:48.3
6. Owatonna, 1:50.6.

4x400

1. Red W (Meri Schwartz, Becky Schwartz, Julie McGough, Vickie Richard) 4:01.6
2. JM, 4:08.0
3. Apple Valley, 4:09.8
4. Burnsville, 4:13.6
5. Mayo, 4:14.6
6. Winona, 4:15.9

* Qualified for State by Standard

Notes: Apple Valley was coached by Geri Dirth.